

Lotus7 Yoga and Pilates

A pathway to continued peace and health



# 10th Anniversary Celebration and Yoga

Thursday, July 14 • 4:30 pm - 8:30 pm

w/ Live Music Featuring Larissa Stow & Malaurie Barber!

Celebrating our 10th year in business, we are honored to welcome back to our studio, Larissa Stow, award-winning singer/songwriter and recording artist, as she accompanies our very special Malaurie Barber! Experience the magic of live music while you practice! Let go and let your yoga flow with true power through the beats and rhythms of Larissa's soul stirring chants while you practice your favorite yoga moves with Malaurie Barber! \*All levels are welcome!



For more information, please call 949-888-4503



Lotus7 Yoga, Pilates and Lifestyles Center  
22521 Avenida Empresa, Suites 116 & 117  
Rancho Santa Margarita, CA 92688

All Love Donations from our  
celebration will be donated to:



The Pet Adoption Center  
of Orange County

**Pets. Family. For Life.**

[www.adoptocpets.org](http://www.adoptocpets.org)